

## 2 Athlete and Non-athlete Interviews

With a friend, interview a varsity athlete in your high school. Ask him or her to identify the factors that motivate the pursuit of success. Report your findings to the class.

Following from the activity above, with a friend, interview a student who is **not** involved in sport or exercise. Ask that person why he or she has no desire to participate. Once again, report your findings to the class.

## 3 The Desire to Achieve Success

The McClelland–Atkinson model of achievement motivation suggests that achievement motivation is a function of two constructs:

(a) \_\_\_\_\_ (b) \_\_\_\_\_

It can be represented by the following equation:

$$\text{achievement motivation} = \text{IM} - \text{CSA}$$

where IM = \_\_\_\_\_ and

CSA = \_\_\_\_\_

Using the McClelland–Atkinson model of achievement motivation, explain why Johnny decided to try out for the team in the following scenario:

*Johnny is a 14-year-old boy who recently moved from a little town called Dutton, Ontario (population: 1,400) to metropolitan Toronto (population: 2+ million). While in Dutton, Johnny learned to play hockey and was a member of his high school hockey team. Upon arriving in Toronto, he was encouraged by his father to try out for the hockey team at his new school. At his first practice, Johnny quickly realized that the other boys were much bigger and stronger than he. As such, he was worried whether or not he could make the team. By the same token, he felt his skill level was every bit as good. As well, he didn't want to give up his favourite sport just because he had moved to a new city. After several days of agonizing, he decided to try out for the team.*

---



---



---



---



---



---



---



---



---



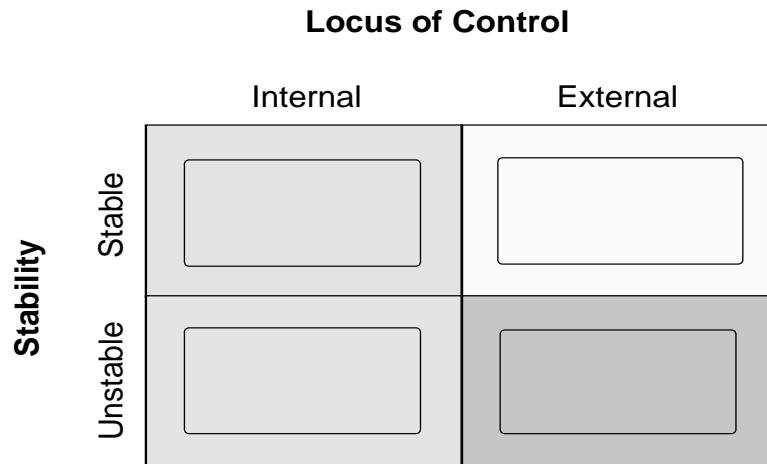
---



**4 Causal Attribution in Sport**

Attribution theory is a cognitive approach to motivation. It assumes that people strive to explain, understand, and predict events based upon their own perceptions. What the athlete believes to be true is important for future motivation.

Fill in the four main factors of the causal attribution classification scheme illustrated below.



Which two attributional factors make up the **personal force**? \_\_\_\_\_

Which two attributional factors make up the **environmental force**? \_\_\_\_\_

Read the following four scenarios, and considering the classification scheme you completed above, state which attributional factors (quadrants) best explain what happened and why.

**Scenario 1**

*Tony is a golfer with limited ability and talent who goes golfing with Mr. Nalli. Tony hits a fluky shot and gets a hole-in-one – his first shot goes directly into the hole. The odds of getting a hole-in-one are extremely low, especially for a golfer of Tony's ability.*

---



---



---



---



---



---

**Scenario 2**

You prepared for an important test for three weeks by studying for one hour every night. You gave your very best, but you had no real control over how difficult the test was. You received a mark of 70 percent, which was disappointing considering how hard you studied and what you need in the class to get into university.

---

---

---

---

---

**Scenario 3**

Every golf tournament that Tiger Woods enters, he knows that he can win. He is the best golfer on the face of the earth by a country mile. There is no one that is even close to his ability. Arguably, because of his dominance and his mental stability, he might be the best athlete on the planet. He knows he can beat his opponents, and his opponents think they cannot beat Tiger Woods. He enters his next tournament, and he wins with ease.

---

---

---

---

---

**Scenario 4**

Christine is a superb athlete in the shot-put. Christine is having the season of her life. Every event she participated in this season, she was slightly better than her last event. Today is the provincial championships. She is competing against the best shot-putters in Ontario and is the favourite to win gold. Her mental and physical preparation was perfect. She threw the iron ball as far as she could and scored her personal best distance, but she lost the event to someone no one even heard of before. This person broke the provincial championships record, and Christine finished in second place.

---

---

---

---

---

---

---