



## 4

## CHECK YOUR UNDERSTANDING



## Multiple Choice

1. Sport sociology studies sports as:
- parts of social and political life
  - parts of social and civilized life
  - parts of social and cultural life
  - parts of social and ethical life
  - parts of social and competitive life

**Answer:** \_\_\_\_\_

2. The term used to describe increased effort and energy expenditure is:
- violence
  - assertive behaviour
  - hostile aggression
  - instrumental aggression
  - focused aggression

**Answer:** \_\_\_\_\_

3. Which of the following is **not** a component of the sport ethic:
- An athlete makes sacrifices for the game.
  - An athlete accepts loss with dignity.
  - An athlete accepts risks and plays through pain.
  - An athlete accepts no limit in the pursuit of possibilities.
  - An athlete strives for distinction.

**Answer:** \_\_\_\_\_

4. Which of the following statements about the past is **false**:
- Women were not allowed to vote, get an education, or own property.
  - Physical exertion was thought to destroy a woman's potential to have children.
  - Women were allowed to participate in most sports as long as they behaved in a "ladylike" fashion.
  - Female athletes had to wear uncomfortable feminine clothes, which impaired performance, in order to prove their femininity.
  - None of the above.

**Answer:** \_\_\_\_\_

5. Which of the following statements about black athletes is **false**:
- The first black player in Major League Baseball could not stay in the same hotels as his teammates.
  - Black athlete representation in baseball has been increasing steadily over the last few decades.

- Although black athlete representation is growing in many popular team sports, most of the team owners are still white.
- There are now more black players in the NBA than white players.
- There are now more black players in the NFL than white players.

**Answer:** \_\_\_\_\_



## Fill in the Blanks

Fill in the blanks for the following statements using words from the **word bank** below. Place the corresponding letter from the word bank in the blank spaces provided.

- There are three distinct components of aggressive behaviour: \_\_\_\_\_, \_\_\_\_\_, and \_\_\_\_\_.
- Closely related to outcome and league standing, the \_\_\_\_\_ of a contest can also be a factor. The larger the \_\_\_\_\_, the more aggression occurs.
- Removing blood in advance of the competition and replacing it with just the red blood cells before the competition begins is a form of cheating known as \_\_\_\_\_.
- Race refers to a category of people who are regarded as socially distinct because they share genetically transmitted \_\_\_\_\_ believed to be important to people with power in society.
- Bill \_\_\_\_\_ was passed in 1986, requiring all federally regulated companies with 100 or more employees to promote the hiring of disabled individuals.

**Word Bank**

- |                        |                            |                     |
|------------------------|----------------------------|---------------------|
| a. abilities           | f. C-62                    | k. physical contact |
| b. assertive behaviour | g. fan reaction            | l. point spread     |
| c. blood doping        | h. focussed aggression     | m. traits           |
| d. blood loading       | i. hostile aggression      | n. verbal abuse     |
| e. C-131               | j. instrumental aggression | o. violence         |



**True or False**

Indicate whether each statement is **true (T)** or **false (F)**. If the statement is false, provide the correct answer.

1. Focused aggression has the primary goal of achieving some external reward.

**Answer:** \_\_\_\_\_

2. One major researcher in sport sociology suggests that cheating results from the sport ethic.

**Answer:** \_\_\_\_\_

3. Some athletes use amphetamines to neutralize the accumulation of acids in the bloodstream during physical exertion ("the burn").

**Answer:** \_\_\_\_\_

4. At one time, black baseball players were forced to play in the minor leagues, where there were fewer jobs and lower pay.

**Answer:** \_\_\_\_\_

5. The key philosophy of the Masters Games is participation, support, inclusiveness, and the enjoyment of physical movement.

**Answer:** \_\_\_\_\_



**Think and Link**



1. Discuss why the Gay Games have a unique distinction as a sport and cultural festival. How do these Games differ from the Olympic Games in focus and scope?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

2. Briefly outline some of the sport trends we can expect to see in the future. Discuss how you feel these trends will impact the level of physical activity and rising obesity levels among youth.

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_



